

Who Else Wants To Win A \$25 Gift Card?

You can be the Grand Prize Winner of this month's Trivia Challenge Quiz! The first two people to correctly answer this month's trivia question will receive a \$25 Amazon gift card. One winner per company per quarter.

How many bits make a byte?

- A) 16 bits
- B) 8 bits
- C) 24 bits
- D) 12 bits

Email us at chill@cetechno.com or call us now with your answer! **585-441-0055**

Get Organized And Back On Track

TOP BUSINESS APPS TO GET YOU ORGANIZED

If you're struggling to stay on top of your work tasks, there are some great apps available to help out.

- **Asana** helps your business improve communication and collaboration. You can view all tasks and projects and follow progress on a communal board so you can communicate without having to rely on e-mail.

- **Proven** helps organize your hiring process by posting listings to multiple job boards with one click. You can also review and sort applicants with ease.

- **Boxmeup** organizes and tracks your packages, containers and bulk storage items to make storing and shipping a breeze.

- **Evernote** keeps all your notes organized in one place and allows you to easily share notes and lists with co-workers.

- **Trello** tracks your team's workflow. Whenever you make a change to a project or task, the app notifies each team member involved so you don't have to.

- **KanbanFlow** helps managers visualize overall workflow. It gives overviews of work status, tracks progress and assigns tasks to team members.
Nerdwallet, Apr. 21, 2020

TOP 5 WAYS TO OVERCOME SETBACKS AND GROW

After you encounter a setback, it can be hard to start again. But simply believing in yourself is the best way to get back on track.

1. Recognize when failure is your fault and when it isn't. Some setbacks are entirely out of your control. Learn to recognize the difference in your faults and what you can't control, then move forward.

2. Learn from your mistakes and don't repeat them. Immediately letting go of the regret of making a mistake can be

hard, so instead, focus on what caused the mistake, then learn from it.

3. Focus on your new goal. Failure often comes from going after something we don't truly want. Discover what you really want so you understand what you need to work on.

4. Celebrate small wins. You don't have to wait to celebrate, even if you haven't reached your end goal. Validate yourself for completing smaller tasks, and you'll empower yourself to keep going.

5. Find the right mentor. This is someone who believes in you, even when you don't believe in yourself, and who can support you in reaching your goals. Find someone with the right knowledge and experience to learn from.

Business Insider, Sept. 16, 2020



WHAT'S NEW

Checkout our latest Executive Webinar:
Lunch at the Cafe Dark Web



Webinar Details:

When: Thursday, 12/10/2020
 Time: 12:00 p.m. - 1:00 p.m.

During this webinar:

- We will be touring the internet's underbelly and we will take a tour of the dark web to see how it operates.
- We will be discussing how easy it is to be compromised and get a first hand glimpse of how easy your business can be accessed over the internet with public tools.
- You will learn how compliance actually helps you to protect your business. We will show you the importance of having a security program.

To Register
cetechno.com/cafedarkweb
 Or Call Us At **585-441-0055**

 **585-441-0055**



Cybercriminals Confess: The Top 3 Tricks And Sneaky Schemes They Use To Hack Your Computer Network That Can Put You Out Of Business

Cybercriminals and hackers are rarely shy about the methods they use to attack their victims. Many of them are more than happy to share how they broke into a business's network or how they walked away with thousands of dollars after successfully extorting a business owner whose company is now destroyed.

There are new stories out there to get your blood boiling as cybercriminals work to ruin people's lives and livelihoods. These criminals don't care what kind of damage they inflict. They only care about one thing: money. If they can get away with it – and many do – they'll keep on doing it.

It's up to the rest of us as business owners (and employees) to stay at least one step ahead of these cyberthugs. The single best way to do that is to **stay**

educated on the latest threats. The second-best way is to **stay up-to-date with the latest technology designed to combat cyber-attacks.**

Here are three tricks of the trade cybercriminals are using right now in an attempt to get their hands on your money:

Ransomware This is very common. It's a form of malware, and it can sneak onto your network and into your computers in a number of different ways:

- **Ad Networks.** These ads can appear on social media sites and on familiar websites. Someone clicks a compromised ad or pop-up, and it initiates a file download. It's quick and it can be confusing. This is where anti-malware and anti-ransomware come in very handy.

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• **Malicious Links.** The cybercriminal sends you a legitimate-looking e-mail, supposedly from your bank or a familiar online store. It may even be disguised as an e-mail from a colleague. The e-mail contains a link or file. If you click the link or file, it installs the ransomware.

• **Hidden Files On Thumb Drives.** This happens way too often when someone brings a thumb drive from home. While the user doesn't know it, the drive has a malicious file on it. When the thumb drive is inserted into a networked machine, the file is installed.

No matter how the ransomware gets onto your devices, the result is basically the same. The ransomware goes to work and begins encrypting your files. Or it may completely block you from accessing your computer. You'll get a full-screen message: *Pay up or never access your files again.* Some ransom-

ware programs threaten to delete all of your files. Others say they will never restore access.

DDoS Extortion Short for distributed denial of service, DDoS attacks are a relatively easy way for hackers to take down your business's online presence and wreak havoc on your network. These attacks mimic online users and essentially "flood" your network with access requests. Basically, it's as if millions of people were trying to access your website at once.

Your network simply can't handle that kind of traffic and, as a result, it goes down. The hackers can continue the attacks until you take action. That is to say, until you pay up. If you don't pay up, the hackers will do everything they can to keep you offline in an attempt to destroy your business. If you rely on Internet traffic, this can be devastating, which is why many businesses end up paying.

Direct Attacks Some hackers like to do the dirty work themselves. While many cybercriminals rely on bots or malware to do the work for them, some hackers will see if they can break through your network security in a more direct way. If successful at breaking in, they can target specific files on your network, such as critical business or customer data.

Once they have the valuable data, they may let you know they have it. Sometimes they'll ask for money in return for

the sensitive data. Sometimes they won't say anything and instead simply sell the data on the black market. Either way, you're in a bad position. A criminal has walked away with sensitive information, and there is nothing you can do about it.

Except, that last sentence doesn't have to be true! There are things you can do about it! The answer is preventative measures. It all comes around to these two all-important points:

- Stay educated on the latest threats
- Stay up-to-date with the latest technology designed to combat cyber-attacks

If you do these two things and work with an experienced IT services company, you can change the outcome. You can put the cybercriminals in their place and have a digital defense wall between your business and those who want to do your business harm.

“ I've found everyone very helpful and responsive. Doreen is terrific and has helped us out many times. Highly recommend! ”

Julieray Romano
Brighton Volunteer Ambulance

CARTOON of the MONTH



SHINY NEW GADGET OF THE MONTH

SelfieSpin360 For GoPro

A GoPro camera is great for a crystal-clear, wide-angle video of yourself or your subject, and you can attach it to the end of a selfie stick for some nice static shots, too. But if you're ready to take things up a notch and capture even more truly awesome moments, then you need the **SelfieSpin360**.

It's all there in the name: the SelfieSpin360 gives you a way to get incredible 360 degree footage of yourself in any setting. You attach your GoPro or smartphone to the end of a sleek and secure base, which is attached to a long cord with a handle for camera controls on the end. Hit Record, then start swinging the device up and around your head lassostyle to capture a unique version of yourself in a special moment. The SelfieSpin360 kicks boring old selfies to the curb. Visit **SelfieSpin360.com** to purchase yours.



Why Bluetooth Devices Aren't Safe

Wireless technology such as WiFi is wonderful, but we know it comes with risks. What about wireless Bluetooth technology? Everything from laptops to smartphones uses Bluetooth to pair with other wireless devices (like mice or earbuds), but is Bluetooth safe to use?

According to researchers, no. In summer 2020, a new vulnerability called BLESA (Bluetooth Low Energy Spoofing Attack) was found. Hackers target devices using Bluetooth Low Energy (BLE) protocol, a technology common in smartphones. Hackers can "trick" devices such as smartphones into thinking they're pairing with a secure device when they're really pairing with the hacker's device.

Bottom line: using Bluetooth has its risks. If you aren't **actively** paired with another device, **turn Bluetooth off.**



Successfully Convince A CEO In 3 Steps

Here is your chance. You don't want to blow it.

You have a meeting scheduled with a CEO. Your goal is to convince them ...

- To spend \$1 million on your product or service or to make a large donation to your cause
- To hire you, promote you or give you your dream job
- To invest in your idea

Ineffective Ways To Convince A CEO

Many people "show up and throw up" and push a lot of information at the CEO, either verbally or by PowerPoint. I'm not sure why so many unpersuasive people follow this approach. Maybe it's to "show you know what you are talking about." But it does not make a CEO say "yes."

Another bad approach is to phrase your request as a "we ought to." CEOs don't decide to do things just because other people say they ought to do something. Or worse yet is when people only talk about why they want something to happen, fully ignoring the wishes, concerns and perspective of the CEO.

Successfully Convince A CEO In 3 Steps

1. Seek first to understand the CEO's perspective — that is Stephen Covey's advice. It needs no further explanation. Your first step in discussing a topic with a CEO is to put all your energy into asking probing questions, listening and learning what the CEO thinks about a topic and why. Forget about your agenda or your needs for a moment.



Geoff Smart is chairman and founder of ghSMART. Geoff is co-author, with his colleague Randy Street, of the New York Times best-selling book *Who: A Method For Hiring* and the author of the #1 Wall Street Journal best seller *Leadocracy: Hiring More Great Leaders (Like You) Into Government*. Geoff co-created the Topgrading brand of talent management. He is the founder of two 501(c)(3) not-for-profit organizations. SMARTKids Leadership Program™ provides 10 years of leadership tutoring, and the Leaders Initiative™ seeks to deploy society's greatest leaders into government. Geoff earned a Bachelor of Arts in Economics with honors from Northwestern University and a Master's and Doctorate in Psychology from Claremont Graduate University.



2. Reflect the CEO's perspective to their satisfaction. This step is hard. Most people cannot objectively reflect or restate another person's perspective about a topic without putting their own personal slant on it. I first learned this step during my psychology PhD training in a class on conflict resolution. At this step, you must restate the CEO's perspective on the topic simply and without putting words in their mouth or trying to spin it in your favor. You know you have succeeded at this step once the CEO says the magic word. The magic word is "exactly." This means that the CEO believes that you understand their perspective. Then, and only then, have you earned permission to move to the final step.

3. Propose your idea as a way to help the CEO achieve their goals. The mindset for this step is not that you are about to trick or fool a CEO into doing something that's not good for them. Your mindset is that you are about to convince a CEO to do something that is good for them. (And by the way, if what you are about to propose is not in the CEO's best interest, then don't propose it!) A simple way to propose your idea is to say, "Your goals are X. Your concerns are Y. So, I propose you do Z."

And, contrary to popular belief, great ideas don't sell themselves. It takes a skillful leader to successfully convince a CEO.

FREE Report: The 7 Most Critical IT Security Protections Every Business Must Have In Place Now To Protect Themselves From Cybercrime, Data Breaches And Hacker Attacks



Eighty-two thousand NEW malware threats are being released every day, and businesses (and their bank accounts) are the No. 1 target. To make matters worse, a data breach exposing client or patient information can quickly escalate into serious damage to reputation, fines, civil lawsuits and costly litigation. If you want to have any hope of avoiding a cyber-attack, you MUST read this report and act on the information we're providing.

Claim your FREE copy today at cetechno.com/cybercrime